

## **Gaddum ... Therapy**



**Lara Scott – Improving Access to Psychological Therapies  
Student Social Worker, Manchester Metropolitan University.**

### **What is important to me?**

My family, dogs, pets and my friends. Having the opportunity to be on my course is important to me, not to mention progressing on to my second year. I am really thankful for my placement at Gaddum.

I like to make people happy and see them laugh, making people smile makes me smile. Building positive relationships in the workplace and with people who use the service is very important to me too.

### **What do people appreciate about me?**

I am kind and hard-working. I have excellent time keeping skills. I can take a joke and show humour regularly. I am very empathetic; I also like to care and give to others and treat others with respect.

### **How to best support me?**

I can come across shy and timid, sometimes I can struggle to break the ice. Get me out my comfort zone and I'll probably end up annoying you by continuing to chat to you.