

Gaddum ... Carers



**Daisy - Salford Young Carers
Student Social Worker, University of Salford**

What is important to me?

I am a Christian and my religion is very important to me and influences my personal values. I love getting involved in my local church's groups, activities, and events. I am sporty and love playing and watching all sports. I particularly enjoy watching Man U games as an avid supporter. I have even started playing football myself more recently. I play netball competitively and GA is my preferred position. I also enjoy coaching netball and am currently putting together a church team to play in a local league.

What do people appreciate about me?

People usually notice and remember me for my smile and enthusiastic energy. I am known amongst my friends as a friendly socialite who speaks to everyone and is always up for plans. I am also appreciated for my personal drive and strong work ethic. People know that they can depend on me to get a job done. For this reason, people often ask for my help and support.

How best to support me?

Sometimes, my strong work ethic means that I take on more tasks than I can handle and am reluctant to ask for help. I will need help to make sure I don't overwhelm myself but manage my time and workload well. I really enjoy the theoretical side of social work but feel that I will need help to recognise how this theory is relevant in practice and to apply it when working with young carers.