

Who can Gaddum support?

Giving you a voice when you need to be heard.

Gaddum advocacy service is free and confidential. You can be supported by an IMHA if you are detained by the mental health act, or are conditionally discharged, under a guardianship or supervised treatment order.

Gaddum advocacy gives you a voice so you can be heard. By representing you as an individual, I'll keep your rights, and what matters most to you, protected.

How to contact us?

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T: 0161 834 6069

Gaddum
... Advocacy

Hi. Gaddum here.

**Let's talk about
Community
Treatment
Orders (CTOs)**

What is a CTO?

If you have been in hospital under the Mental Health Act, your responsible clinician (usually your psychiatrist) can arrange for you to have a Community Treatment Order (CTO).

You will have to follow conditions if you are on a CTO. Conditions can include where you will live or where you will go to get treatment.

What happens if I am subject to a CTO?

If you break the conditions of your CTO you can be taken back to hospital. Your responsible clinician can also take you back if they think that you are unwell. They can keep you in hospital for up to 72 hours while they decide what should happen next

If you are subject to a CTO, you will be entitled to an **Independent Mental Health Advocate (IMHA)** who can help get your voice heard.

If you do not agree with your CTO you can appeal the decision. You can get legal aid to pay for a solicitor to help you do this.

Your IMHA can help you with this process.

All matters discussed with your advocates are confidential unless we feel that you are at risk of harm to yourself or others.

What is an IMHA?

Independent Mental Health Advocates (IMHAs) are trained and experienced advocates who can work with you to understand your care and treatment under the Mental Health Act and ensure that your rights are upheld.

What will an IMHA do for me?

- Inform you of your rights under the Mental Health Act and make sure they are upheld.
- Obtain information regarding any conditions or restrictions you may be subject to.
- Gather information about current or proposed medical treatments and the reasons for this.
- Support you to be fully involved in your care and treatment.
- Support you in meetings, appeals and ward rounds.
- Help you to challenge decisions.
- Help you to access Solicitors.
- Support you to get your voice heard.

