Who can Gaddum support?

Giving you a voice when you need to be heard.

Gaddum advocacy service is free and confidential. You can be supported by an IMHA if you are detained by the mental health act, or are conditionally discharged, under a guardianship or supervised treatment order.

Gaddum advocacy gives you a voice so you can be. By representing you as an individual, I'll keep your rights, and what matters most to you, protected.

Registered charity no: 507162

How to contact us?

Gaddum
6 Great Jackson Street
Manchester
M15 4AX

E: advocacy@gaddum.org.uk

W: gaddum.org.uk

T: 0161 834 6069

Gaddum
... Advocacy

Hi. Gaddum here.

Let's talk about independent mental health advocacy (IMHA).

Registered charity no: 507162

What is advocacy?

Advocacy is taking action to help people say what they want, secure their rights, represent their interests and obtain services they need.

What is an IMHA?

Gaddum have trained and experienced advocates who can work with you to understand your care and treatment under the Mental Health Act and ensure that your rights are upheld.

What will an IMHA do for me?

- Inform you of your rights under the Mental Health Act and make sure they are upheld.
- Obtain information regarding any conditions or restrictions you may be subject to.
- Gather information about current or proposed medical treatments and the reasons for this.
- Support you to be fully involved in your care and treatment.
- Support you in meetings, appeals and ward rounds.
- Help you to challenge decisions.
- Help you to access Solicitors.
- Support you to get your voice heard.

How will an IMHA work for me?

An IMHA is instructed by YOU and will work with YOU on issues which are important, never making any judgements about your situation.

> **"Having someone let me talk and make sure my views were heard made me feel safe"**
>
> Anonymous

All matters discussed with your advocate can be in a private space and is confidential -unless we feel that you are of risk of harm to yourself or others.