Gaddum

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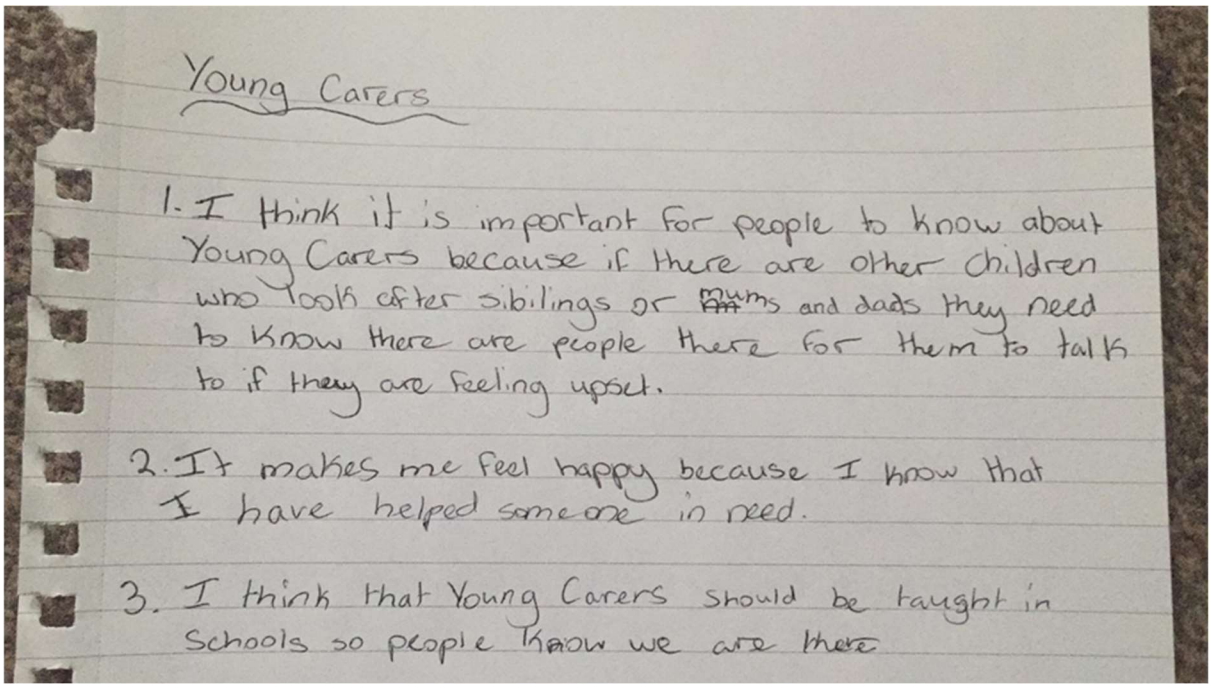
Supporting those who support others
Aaliyah aged 13, Young Carer

‘I think that it’s really important for people to know about Young Carers because if there are other children who look after siblings or Mums and Dads, they need to know that there are people there for them to talk to if they are feeling upset.’

Being a young carer…
‘makes me feel happy because I know that I have helped someone in need.’
‘I think that young carers should be taught in schools so people know we are there.’



Young Carers

1. I think it is important for people to know about Young Carers because if there are other children who look after sibilings or ~~Aa~~mums and dads they need to know there are people there for them to talk to if they are feeling upset.

2. It makes me feel happy because I know that I have helped someone in need.

3. I think that Young Carers should be taught in Schools so people know we are there

Whilst this Carer was happy to share their story with you, names have been changed.