



**Gaddum  
... Carers**

**I know. It's not easy  
when your loved one is  
in hospital.**

**But I'm here for you.  
Yours, Gaddum.**

**Carers Liaison and Discharge Support Service**

**Gaddum Carers Salford**

**0161 834 6069 | [ect@gaddum.org.uk](mailto:ect@gaddum.org.uk) | [gaddum.org.uk](http://gaddum.org.uk)**

**Hi. I'm Gaddum.**

**Caring for a loved one who couldn't get by without you can be hard, but you're not alone...**

Looking after yourself when you're a carer sometimes feels really difficult but together we can figure things out.

This service is for people who care for someone and they have been admitted to Salford Royal Hospital or if you have been admitted and normally care for someone. The service also provides support during the patient experience and part of the discharge process.

Anyone can contact our team from hospital from social workers, nurses, doctors or the person who would like support. It all starts with a phone call or email to talk about the situation.

**When we work with you, together we will create a plan to make sure you're getting all the help available.**

Up to six weeks of tailored and personalised support is at hand to help you remain healthy and well.





## **I'm in your corner. This is what this service does..**

- Help carers to think about and organise any help they need to manage their caring role and look after themselves. During and after hospital admission and discharge.
- Help to raise specific concerns about experiences of care and support.
- Listen to carers' needs.
- Help plan for discharge from hospital, including possible changes to the daily routine.
- Undertake a carers assessment, help with welfare rights and applications for additional help.
- Help the carer to access the right support for the person with care needs.
- Support carers with hospital planning meetings and liaise with medical professionals on their behalf.

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# Gaddum ... Carers

## **Supporting those who support others.**

Unwaged carers are often looking after loved ones simply because they care, but they have a tough job. Being a carer can be stressful and leave very little me time. I give help and support to those individuals helping and supporting others.

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