

PRESS RELEASE

6 June 2018

Gaddum celebrates Greater Manchester's carers

A Greater Manchester charity is championing and celebrating the work of carers during national carers week.

Gaddum, a charity who supports the delivery of carers services in Bury, Manchester and Salford are co-ordinating and supporting over 50 events locally for carers including the first ever Greater Manchester wide Carers Fest!

Carers week is a national annual campaign to raise awareness of caring, highlighting the challenges carers face and recognising the contribution they make to families and communities throughout the UK.

A carer is anyone who cares, unwaged for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support.

This campaign is brought to life by thousands of individuals and organisations who come together to organise activities and events throughout the UK, drawing attention to just how important caring is. Carers week takes place from Monday 10 June-Sunday 16 June.

Lynne Stafford, Chief Executive of Gaddum and Chair of Manchester Carers Network comments

"The coming together of Gaddum's carers services for national carers week show cases a small selection of our work in Bury, Manchester and Salford. Our events invite the community to learn about carers in Greater Manchester and celebrate the work unwaged carers do, day in and day out. We are particularly excited to host the first ever Greater Manchester Carers Fest which will also host over 190 carers across GM"

Highlights across Greater Manchester include:

- Coffee morning: Thursday 13 June, 10am-12pm, The Mosses Community Centre, Cecil Street, BL9 OSB

Not your average coffee morning. Free to attend, enjoy a cream tea and musical entertainment with local performers John and Tony.

- Walking Football: Tuesday 11 June, 10.45am- 2pm, Etihad Stadium

A FREE to attend event hosted by Stepping Out and Manchester City a wellbeing session for unwaged carers and those they care for.

- Community Event, Wednesday 12 June, 9,30am-1pm
 - A community event to promote FREE services for Carers in Salford. Everyone is welcome to attend. As part of this day there are events including:

- Fire Safety Sessions: 10.30am-11am. This is an interactive presentation surrounding; the five main causes of fire, hazard spotting, bedtime routine & escape plans, smoke alarms and booking a Safe and Well visit to ensure you and your home are safe.
 - Power of Attorney awareness sessions: 11.30am-12pm. Ben Discussing the importance of Lasting Power of Attorney, the pitfalls and what to be wary of, care fees and wills. He will open up the discussion a question and answer session.
 - Welfare Rights, information sessions: 12.30pm-1pm
- Art Showcase: Tuesday 11 June, 10.30am-2pm, Eccles Art Gallery, No booking required

This is a showcase of art produced by local carers and art groups. There will be an auction where people will be able to bid on the art produced. The art will be up at Eccles Art Gallery for a month and winners will be able to collect their art work at the Carers Breakfast on 11 July.

- Carers Fest: Saturday 15 June, 10.30am-4pm, People's History Museum- SOLD OUT

Activities will include live musical performances, wellbeing workshops, educational sessions, sports activities, fair events, including carers makers market. We really want to create a carnival feeling to the event to celebrate carers.

A full list of all of our events are available to view on our website www.gaddum.org.uk

-ENDS-

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NOTES TO EDITORS

Gaddum is one of Manchester's oldest charities. Set up in 1833, its vision is to support Greater Manchester's most vulnerable adults, children and families.

We are focused on empowering people and enhancing lives through being innovative, forging partnerships and building relationships.

Gaddum is an established charity offering a range of health and social care services empowering and enhancing the lives of people in greater Manchester We have three main focus areas: •therapy services (including palliative and bereavement support) •statutory advocacy •carers support service (including provision for young people) As a provider for making lives better, our work includes counselling, advocacy, advice, family and individual support along with training and development programmes for individuals, families, agencies, local and health authorities, professionals and companies We currently work in five Greater Manchester authorities, Bury, Manchester, Rochdale, Salford and Stockport.

To find our more information, refer a person or family to one of our services, please visit our website gaddum.org.uk