

ABOUT US

gaddum is an established charity offering a range of health and social care services empowering and enhancing the lives of people in Greater Manchester

We have three main focus areas:

- therapy services (including palliative and bereavement support)
- statutory advocacy
- carers support service (including provision for young people)

As a provider for making lives better, our work includes counselling, advocacy, advice, family and individual support along with training and development programmes for individuals, families, agencies, local and health authorities, professionals and companies



CONTACT US



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CHAMELEON

A project for traumatic bereavement

Therapy Services



gaddumcentre.co.uk

Registered charity no: 507162

WHAT IS CHAMELEON?

This is a service that supports families following a traumatic bereavement. A traumatic bereavement is one where there is an element of trauma attached to a death.

- When the death is sudden and unexpected, such as a suicide or road traffic accident
- Where there is an element of violence, such as death resulting from a mugging or murder
- Where the child may have witnessed the unexpected event and has been traumatised by the imagery, such as an accident at home

In these circumstance's, families don't have time to prepare for what is ahead. We offer early support at such times which can make a significant difference to long-term recovery.



Sessions provide:

- An opportunity to explore feelings
- A safe space to talk through what has happened
- Offer coping strategies
- Build resilience

WHAT CAN YOU EXPECT?

We offer family support following a traumatic bereavement starting with an assessment where we find out what the family needs are and the effects of the trauma on the child/young person

We work to the needs of the family which can include:

- one to one therapy
- family sessions
- support including help with speaking to the child/young person about the death
- signposting where appropriate

HOW CAN YOU ACCESS OUR SERVICE?

You can self refer by visiting our website, emailing us or calling us - our details are on the reverse of this leaflet. Your doctor or health or social worker can also refer you

Anyone family living in Greater Manchester can access this service FREE of charge

