

**CBT Therapist - IAPT**

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| **Criteria** | **Essential** | **Desirable** | **Assessed** |
| **Qualifications/**  **Experience** | Maths and English at GCSE grade C or above, or equivalent qualification  Postgraduate diploma in CBT  BABCP membership (or eligibility for membership)  Experience of providing CBT to clients, for anxiety and depression.  Experience of working to a fixed term model.  Demonstrable experience of working in mental health services.  Experience of routine outcomes monitoring. | Full BABCP accreditation  Experience working in an IAPT service  Experience of working in a primary care setting.  Experience working in the voluntary sector.  Recognised High Intensity post-graduate qualification, form an accredited programme.  BA/BSc Honours degree in Psychology, Mental Health Nursing, OT or other relevant mental health or social work qualification.  Experience of working within a multi-disciplinary team. | Application/interview/  documents |
| **Skills and Abilities** | Proven ability to achieve clinical outcomes working within a fixed-term CBT intervention.  Proven ability to meet agreed/specified service targets.  Ability to manage own caseload and time.  Able to communicate complex information clearly, both verbally and in writing.  Able to assess and manage risk effectively.  IT competence, including word-processing, spreadsheets and databases. | An understanding of Health & Safety. | Application/Interview |
| **Knowledge** | Knowledge of the IAPT model, and relevant targets.  A robust understanding of safeguarding procedures in respect of children and vulnerable adults  Understanding of, and demonstrable commitment to, ensuring equal opportunity.  An understanding of Equality and Diversity duties in the workplace. | A knowledge of relevant agencies, organisations and professionals within Manchester. | Application/Interview |
| **Values and Personal attributes** | A commitment to Gaddum Centre values.  A commitment to equality and diversity.  A non-judgemental attitude.  Flexible and positive work ethic.  The post holder must display integrity, honesty and good judgement. | Knowledge of Gaddum Centre and its services. | Application/Interview |
| **Other Requirement** | Ability to travel independently throughout Manchester.  Flexible approach to working hours to meet the needs of the service. | Use of own car. | Application/Interview |